

DIA MUNDIAL DA ALIMENTAÇÃO

16 de Outubro, 2020

ALIMENTAÇÃO SAUDÁVEL
IMPORTANTE EM TEMPOS DE PANDEMIA

WORLD FOOD DAY

October 16th, 2020

IMPACT OF NUTRITION ON HEALTH
IMPORTANT IN PANDEMIC TIMES



The Center for Neuroscience and Cell Biology, University of Coimbra in collaboration with the Faculty of Medicine, University of Porto have organized a series of talks on the important impact of nutrition on health outcomes, of particular importance during the present COVID-19 pandemic.

CONTACTS:

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Lectures:



OCTOBER 12TH @ 12 AM
SULFORAPHANE (SFN) AS A FUNCTIONAL FOOD - IMPACT ON METABOLIC AGING
Ines Alves [Past: CNC/University of Arkansas for Medical Sciences (UAMS) | Present: Immunology, Cancer and Glycomedicine Group, i3S/IPATIMUP, ines@ipatimup.pt]



OCT 13TH @ 3 PM (PORTUGAL TIME; + 6 HOURS)
ESSENTIAL AMINO ACIDS THE BUILDING BLOCKS OF HEALTHY AGING
Elisabet Borsheim [Professor, University of Arkansas for Medical Sciences and Arkansas Children Research Institute, Little Rock, USA. EBorsheim@uams.edu]



OCT 14TH @ 11 AM (PORTUGAL TIME)
MILLETS -THE NUTRICEREALS FOR NUTRITIONAL SECURITY
Kanthi Kiran Kondepudi [Scientist-E, Healthy Gut Research Group Food & Nutrition Biotechnology Division National Agri-Food Biotechnology Institute (NABI), SAS Nagar, Punjab- India. Kiran@nabi.res.in]



OCTOBER 15TH @ 12 AM
WE ARE WHAT WE EAT? DIETARY HABITS AND NEURODEGENERATIVE DISEASES
Ana Duarte [MitoXT - Mitochondrial Toxicology & Experimental Therapeutics Laboratory, CNC - Center for Neuroscience and Cell Biology, University of Coimbra, anaimduarte@gmail.com]



OCT 16TH @ 11 AM (PORTUGAL TIME)
FUNCTIONAL FOODS FOR OBESITY PREVENTION
Mahendra Bishnoi [Scientist E and Group leader, TR(I)P for health laboratory, Nutrition Biotechnology Division, National Agri-Food Biotechnology Institute (NABI), SAS Nagar, Punjab- India. mbishnoi@gmail.com]



OCTOBER 19TH @ 12 PM
NUTRITION AND CANCER: FROM FOOD TOWARDS ITS POTENTIAL
OCTOBER 20TH @ 12 PM
HUMAN MICROBIOME, NUTRITION AND HEALTH: PAST, PRESENT AND FUTURE
Natália Martins [Department of Biomedicine, unit of Biochemistry, FMUP; i3S, Institute of Research and Innovation in Health, University of Porto, Portugal, ncmartins@med.up.pt]



OCTOBER 21ST @ 12 PM
POLYPHENOL CONSUMPTION FOR DISEASE PREVENTION
Raquel Costa [Department of Biomedicine, unit of Biochemistry, FMUP; i3S, Institute of Research and Innovation in Health, University of Porto, Portugal, raquel.costa22@gmail.com]



OCTOBER 22ND @ 12 PM
HOW NUTRITION MODULATES ADIPOSE TISSUE AFFECTING HEART DISEASE
Diana Santos [Center for Neuroscience and Cell Biology, University of Coimbra, dianafilipasantos@ua.pt]



OCTOBER 23RD @ 12 PM
IS THERE A LINK BETWEEN COVID-19 AND GUT MICROBIOTA DYSBIOSIS? NUTRITIONAL INFLUENCES.
Flávio Reis [Coimbra Institute for Clinical and Biomedical Research (iCBR), Faculty of Medicine, University of Coimbra, & Center for Innovative Biomedicine and Biotechnology (CIBB), Coimbra, Portugal. freis@fmed.uc.pt]