Dia Mundial da Alimentação

16 de Outubro, 2020

ALIMENTAÇÃO SAUDÁVEL Importante em Tempos de Pandemia

## World Food Day

October 16<sup>th</sup>, 2020

IMPACT OF NUTRITION ON HEALTH IMPORTANT IN PANDEMIC TIMES









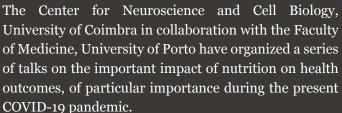












## Contacts:

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## **Lectures:**



Sulforaphane (SFN) as a functional food - IMPACT on METABOLIC AGING Ines Alves [Past: CNC/University of Arkansas for Medical Sciences (UAMS) | Present: Immunology, Cancer and Glycomedicine Group, i3S/IPATIMUP, inesa@ipatimup.pt]



Oct 13th @ 3 PM (Portugal time; + 6 Hours)
Essential amino acids the Building Blocks of Healthy aging
Elisabet Borsheim [Professor, University of Arkansas for Medical
Sciences and Arkansas Children Research Institute, Little Rock, USA.
EBorsheim@uams.edu]



OCT 14TH @ 11 AM (PORTUGAL TIME)
MILLETS -THE NUTRICEREALS FOR NUTRITIONAL SECURITY

Kanthi Kiran Kondepudi [Scientist-E, Healthy Gut Research Group Food & Nutrition Biotechnology Division National Agri-Food Biotechnology Institute (NABI), SAS Nagar, Punjab- India. Kiran@nabi.res.in]



October 15th @ 12 am

Остовек 12тн @ 12 AM

WE ARE WHAT WE EAT? DIETARY HABITS AND NEURODEGENERATIVE DISEASES

Ana Duarte [MitoXT - Mitochondrial Toxicology & Experimental Therapeutics Laboratory, CNC - Center for Neuroscience and Cell Biology, University of Coimbra, anaimduarte@gmail.com]



OCT 16TH @ 11 AM (PORTUGAL TIME)
FUNCTIONAL FOODS FOR OBESITY PREVENTION

Mahendra Bishnoi [Scientist E and Group leader, TR(I)P for health laboratory, Nutrition Biotechnology Division, National Agri-Food Biotechnology Institute (NABI), SAS Nagar, Punjab- India. mbishnoi@gmail.com]



OCTOBER 19TH @ 12 PM
NUTRITION AND CANCER: FROM FOOD TOWARDS ITS POTENTIAL

OCTOBER 20TH @ 12 PM
HUMAN MICROBIOME, NUTRITION AND HEALTH: PAST, PRESENT AND FUTURE

Natália Martins [Department of Biomedicine, unit of Biochemistry, FMUP; i3S, Institute of Research and Innovation in Health, University of Porto, Portugal, ncmartins@med.up.pt]



OCTOBER 21ST @ 12 PM
POLYPHENOL CONSUMPTION FOR DISEASE PREVENTION

Raquel Costa [Department of Biomedicine, unit of Biochemistry, FMUP; i3S, Institute of Research and Innovation in Health, University of Porto, Portugal, raquel.costa22@gmail.com]



OCTOBER 22ND @ 12 PM
HOW NUTRITION MODULATES ADIPOSE TISSUE AFFECTING HEART DISEASE

Diana Santos [Center for Neuroscience and Cell Biology, University of Coimbra, dianafilipasantos@ua.pt]



OCTOBER 23RD @ 12 PM
IS THERE A LINK BETWEEN COVID-19 AND GUT MICROBIOTA DYSBIOSIS?
NUTRITIONAL INFLUENCES.

Flávio Reis [Coimbra Institute for Clinical and Biomedical Research (iCBR), Faculty of Medicine, University of Coimbra, & Center for Innovative Biomedicine and Biotechnology (CIBB), Coimbra, Portugal. freis@fmed.uc.pt]